

## Meniu spital 10.06.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                                                       | Pranz                                                                                                                                   | Cina                                                        |
|-------|-------------------|----------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| 1     | COMUN-GL          | 3        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G;                   | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 2     | DESODAT-GL        | 4        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE FARA SARE<br>MIC DEJUN, PRANZ I, CINA<br>100G/75G/100G;         | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 3     | CARDIAC-GL        | 20       | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE FARA SARE<br>MIC DEJUN, PRANZ I, CINA<br>100G/75G/100G;         | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 4     | DIABET-GL         | 5        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE<br>DIABET MIC DEJUN, PRANZ<br>I, CINA 50G/50G/50G;           | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 4.MAR 1<br>BUC;          | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 5     | DIABET CARDIAC-GL | 4        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE FARA<br>SARE DIABET MIC DEJUN,<br>PRANZ I, CINA 50G/50G/50G; | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 4.MAR 1<br>BUC;          | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 7     | GASTRIC-GL        | 9        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE MIC<br>DEJUN, PRANZ I, CINA<br>100G/75G/100G;                | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 8     | CIROZA-GL         | 2        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G;                   | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 14    | DIABET HEPATIC-GL | 1        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE<br>DIABET MIC DEJUN, PRANZ<br>I, CINA 50G/50G/50G;           | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 4.MAR 1<br>BUC;          | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
| 15    | MEDIC DE GARDA    | 1        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G;                   | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |

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| 24 | BILIAR | 1 | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G; | 1.SUPA DE ROSII 350G;<br>2.RASOL PULPA INFERIOARA<br>PUI 1 BUC+CARTOF<br>150G+MORCOV 100G;<br>3.MAMALIGA 230G; 3.OREZ<br>CU LAPTE 200G; | SOTE LEGUME MEXICANE<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; |
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