

Meniu spital 16.06.2026

NrCrt	Dieta	Efective	Mic Dejun	Pranz	Cina
1	COMUN-GL	6	1.CEAI, CASCAVAL 150G, OU FIERT 1 BUC, UNT 20G; 2.CASTRAVETI 100G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
2	DESODAT-GL	2	1.CEAI, IAURT 1 BUC, BRANZA 150G, UNT 20G; 2.CASTRAVETI 100G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
3	CARDIAC-GL	14	1.CEAI, CASCAVAL 150G, OU FIERT 1 BUC, UNT 20G; 2.CASTRAVETI 100G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
4	DIABET-GL	11	1.CEAI, CASCAVAL 150G, OU FIERT 1 BUC, UNT 20G; 2.CASTRAVETI 100G; PAINE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
5	DIABET CARDIAC-GL	6	1.CEAI, CASCAVAL 150G, OU FIERT 1 BUC, UNT 20G; 2.CASTRAVETI 100G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
7	GASTRIC-GL	10	1.CEAI, CASCAVAL 150G, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
9	RENAL-GL	1	1.CEAI, IAURT 1 BUC, BRANZA 150G, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G;
10	HIDRIC-GL	2	CEAI;	SUPA STRECURATA DEGRESATA 300G;	SUPA STRECURATA DEGRESATA 300G;
12	DIABET RENAL-GL	1	1.CEAI, IAURT 1 BUC, BRANZA 150G, UNT 20G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G; 4.MAR 1 BUC;	SOTE BROCCOLI 250G;
13	DIABET CIROZA-GL	1	1.CEAI, IAURT 1 BUC, BRANZA 150G, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
14	DIABET HEPATIC-GL	1	1.CEAI, IAURT 1 BUC, BRANZA 150G, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
15	MEDIC DE GARDA	1	1.CEAI, CASCAVAL 150G, OU FIERT 1 BUC, UNT 20G; 2.CASTRAVETI 100G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;

24	BILIAR	1	1.CEAI, IAURT 1 BUC, BRANZA 150G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE FASOLE VERDE 300G; 2.PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; BUDINCA DE GRIS CU ZAHAR ARS 200G;	SOTE BROCCOLI 250G+PULPA INFERIOARA PUI 1 BUC;
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