

MENIU SPITAL 11.01.2026

Dieta	Mic Dejun	Pranz	Cina
COMUN-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
DESODAT-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
CARDIAC-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
DIABET-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE DIABET PRANZ 100G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.MAR 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
DIABET CARDIAC-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE DIABET PRANZ 100G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.MAR 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
GASTRIC-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
CIROZA-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
RENAL-GL Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+TELEMEA DESARATA 120G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G;
MEDIC DE GARDA Calorii:	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PIEPT 80G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;

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