

# MENIU SPITAL 12.01.2026

| Dieta                      | Mic Dejun                                                                                                                    | Pranz                                                                                                                   | Cina                                                    |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|
| COMUN<br>Calorii:          | 1.CEAI, TELEMEDIA<br>DESARATA 150G, PATE 100G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ, CINA<br>100G/150G/100G;                | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA<br>INFERIOARA PUI 1 BUC;<br>4.TORTULET BISCUITI 1<br>BUC; | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| DESODAT<br>Calorii:        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, PATE 100G,<br>UNT 20G; PAINE FARA SARE<br>MIC DEJUN, PRANZ, CINA<br>100G/150G/100G;      | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA<br>INFERIOARA PUI 1 BUC;<br>4.TORTULET BISCUITI 1<br>BUC; | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| CARDIAC<br>Calorii:        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, PATE 100G,<br>UNT 20G; PAINE FARA SARE<br>MIC DEJUN, PRANZ, CINA<br>100G/150G/100G;      | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA<br>INFERIOARA PUI 1 BUC;<br>4.TORTULET BISCUITI 1<br>BUC; | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| DIABET CARDIAC<br>Calorii: | 1.CEAI, TELEMEDIA<br>DESARATA 150G, PATE 100G,<br>UNT 20G; PAINE FARA SARE<br>DIABET MIC DEJUN, PRANZ,<br>CINA 50G/100G/50G; | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA<br>INFERIOARA PUI 1 BUC;<br>4.MAR 1 BUC;                  | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| GASTRIC<br>Calorii:        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE MIC<br>DEJUN, PRANZ, CINA<br>100G/150G/100G;              | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA PUI<br>1 BUC; 4.TORTULET<br>BISCUITI 1 BUC;               | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| CIROZA<br>Calorii:         | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE MIC<br>DEJUN, PRANZ, CINA<br>100G/150G/100G;              | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA PUI<br>1 BUC; 4.TORTULET<br>BISCUITI 1 BUC;               | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| RENAL<br>Calorii:          | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE FARA<br>SARE MIC DEJUN, PRANZ,<br>CINA 100G/150G/100G;    | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G;<br>4.TORTULET BISCUITI 1<br>BUC;                               | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| MEDIC DE GARDA<br>Calorii: | 1.CEAI, TELEMEDIA<br>DESARATA 150G, PATE 100G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ, CINA<br>100G/150G/100G;                | 1.CIORBA DE LEGUME<br>300G; 2.SOTE FASOLE<br>VERDE 250G+PULPA<br>INFERIOARA PUI 1 BUC;<br>4.TORTULET BISCUITI 1<br>BUC; | SOTE CONOPIDA<br>250G+PULPA<br>INFERIOARA PUI 1<br>BUC; |
| Intocmit<br>AS.DIETETICA   |                                                                                                                              |                                                                                                                         |                                                         |