

## Meniu spital 31.01.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                              | Pranz                                                                                           | Cina                                   |
|-------|-------------------|----------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------|
| 1     | COMUN-GL          | 1        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; 2.ROSII 100G; PAINE MIC DEJUN, PRANZ 100G/150G;                 | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 2     | DESODAT-GL        | 3        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; 2.ROSII 100G; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;       | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 3     | CARDIAC-GL        | 11       | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; 2.ROSII 100G; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;       | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 4     | DIABET-GL         | 6        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; 2.ROSII 100G; PAINE DIABET MIC DEJUN, PRANZ 50G/100G;           | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;        | PASTE CU BRANZA NEINDULCITE 250G/120G; |
| 5     | DIABET CARDIAC-GL | 5        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; 2.ROSII 100G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ 50G/100G; | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;        | PASTE CU BRANZA NEINDULCITE 250G/120G; |
| 6     | GASTRIC-GL        | 11       | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ 100G/150G;                               | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 7     | CIROZA-GL         | 2        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ 100G/150G;                               | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 8     | HIDRIC-GL         | 2        | CEAI;                                                                                                  | SUPA STRECURATA DEGRESATA 300G;                                                                 | SUPA STRECURATA DEGRESATA*;            |
| 9     | HIDROLACTAT-GL    | 1        | CEAI, IAURT 1 BUC;                                                                                     | SUPA HIDROL;                                                                                    | SUPA HIDROL;                           |
| 10    | MEDIC DE GARDA    | 1        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; 2.ROSII 100G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 11    | BILIAR            | 1        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ 100G/150G;                               | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PASTE CU BRANZA 250G/120G;             |
| 12    | COLECISTECTOMIE   | 3        | 1.CEAI, BRANZA FAGARAS 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;                                        | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC;                     | PASTE CU BRANZA 250G/120G;             |

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