

Meniu

la data de 20.01.2026

Dieta:	21 - BZ-DESODAT	Calorii:	2.616,58
	Mic Dejun	GEM 60G	
	Mic Dejun	PAINE MIC DEJUN ,PRANZ 100G/150G	
	Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI	
	Pranz	CIORBA LEGUME 300G	
	Pranz	PILAF LEGUME 300g	
	Pranz	PULPE IMFERIOARE 1BUC	
	Cina	SALATA ORIENTALA 300G,CEAI	
Dieta:	22 - BZ-GASTRIC	Calorii:	2.466,58
	Mic Dejun	BRANZA TOPITA 2BUC	
	Mic Dejun	PAINE MIC DEJUN ,PRANZ 100G/150G	
	Mic Dejun	UNT 25G,CEAI	
	Pranz	CIORBA LEGUME 300G	
	Pranz	PILAF LEGUME 300g	
	Pranz	PULPE IMFERIOARE 1BUC	
	Cina	SALATA ORIENTALA 300G,CEAI	
Dieta:	23 - BZ-HEPATIC	Calorii:	2.616,58
	Mic Dejun	GEM 60G	
	Mic Dejun	PAINE MIC DEJUN ,PRANZ 100G/150G	
	Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI	
	Pranz	CIORBA LEGUME 300G	
	Pranz	PILAF LEGUME 300g	
	Pranz	PULPE IMFERIOARE 1BUC	
	Cina	SALATA ORIENTALA 300G,CEAI	
Dieta:	26 - BZ-DIABET	Calorii:	2.103,50
	Mic Dejun	PAINE MIC DEJUN,PRANZ I 100G/50G	
	Mic Dejun	PATE FICAT 50GR+UNT 25GR+BRZ TOP 1 BUC+CEAI	
	Pranz	CIORBA LEGUME 300G	
	Pranz	MAMALIGA 250G	
	Pranz	MANCARE SPANAC 250G	
	Pranz	PULPE INF 1 BUC	
	Cina	SARAMURA MACROU 150G+MAMALIGA 230G	
Dieta:	27 - BZ-RENAL	Calorii:	2.389,38
	Mic Dejun	BRANZA TOPITA 1 BUC	
	Mic Dejun	PAINE MIC DEJUN ,PRANZ 100G/150G	
	Mic Dejun	UNT 25g+GEM 60g+CEAI	
	Pranz	CIORBA LEGUME 300G	
	Pranz	PILAF LEGUME 300g	
	Cina	SALATA ORIENTALA 300G,CEAI	

As. Dietetician,

USTURCIU MARILENA
Asistent Medical Generalist
Certificat nr. BZ 00000

Dieta: 29 - BZ-MEDIC DE GARDA

Calorii: 5.336,35

Mic Dejun	GARDA=BRZ TOP 2 BUC,GEM 60G,UNT25G,PAINE 300G ,CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE INF 1 BUC
Cina	CARTOFI PAI 250G
Cina	compot
Cina	SARAMURA PIEPT PUI 80G+MAMALIGA 230G

Dieta: 30 - BZ-CIROZA

Calorii: 2.616,58

Mic Dejun	GEM 60G
Mic Dejun	PAINE MIC DEJUN ,PRANZ 100G/150G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE IMFERIOARE 1BUC
Cina	SALATA ORIENTALA 300G,CEAI

20.01.2026.

USTUROIU, MARILEN
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Certificat nr. BZ 005782

As. Dietetician,