

**Meniu**

la data de 20.03.2026

Dieta: 21 - BZ-DESODAT

Calorii: 2.838,28

|           |                                       |
|-----------|---------------------------------------|
| Mic Dejun | MASLINE 50G                           |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI+PAINE 300g |
| Pranz     | CIORBA LEGUME 300G                    |
| Pranz     | IAHNIE FASOLE 250G                    |
| Cina      | LAPTE 250ML                           |
| Cina      | SALATA ORIENTALA 300G,CEAI            |

Dieta: 22 - BZ-GASTRIC

Calorii: 2.505,08

|           |                                       |
|-----------|---------------------------------------|
| Mic Dejun | MASLINE 50G                           |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI+PAINE 300g |
| Pranz     | CIORBA LEGUME 300G                    |
| Pranz     | MANCARE FASOLE VERDE 250g             |
| Cina      | LAPTE 250ML                           |
| Cina      | SALATA ORIENTALA 300G,CEAI            |

Dieta: 23 - BZ-HEPATIC

Calorii: 2.436,58

|           |                            |
|-----------|----------------------------|
| Mic Dejun | GEM 60G                    |
| Mic Dejun | PAINE 300G,CEAI            |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI |
| Pranz     | CIORBA LEGUME 300G         |
| Pranz     | MANCARE FASOLE VERDE 250g  |
| Cina      | LAPTE 250ML                |
| Cina      | SALATA ORIENTALA 300G,CEAI |

Dieta: 26 - BZ-DIABET

Calorii: 3.146,79

|           |                                      |
|-----------|--------------------------------------|
| Mic Dejun | MASLINE 100G                         |
| Mic Dejun | OU FIERT 1BUC                        |
| Mic Dejun | PAINE MIC DEJUN,PRANZ I 100G/50G     |
| Mic Dejun | UNT 25G,CEAI                         |
| Pranz     | CIORBA LEGUME 300G                   |
| Pranz     | MAMALIGA 250G                        |
| Pranz     | MANCARE F.VERDE 250g+PULPA INF 1 buc |
| Cina      | LAPTE 250ML                          |
| Cina      | PULPE INFERIOARE 1 BUC               |
| Cina      | SALATA ORIENTALA 300G,CEAI           |

USTUROIU RILENA  
Asistent Medical Generalist  
Certificat nr. 05772

As. Dietetician,

Dieta: 27 - BZ-RENAL

Calorii: 2.436,58

|           |                            |
|-----------|----------------------------|
| Mic Dejun | GEM 60G                    |
| Mic Dejun | PAINE 300G,CEAI            |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI |
| Pranz     | CIORBA LEGUME 300G         |
| Pranz     | MANCARE FASOLE VERDE 250g  |
| Cina      | LAPTE 250ML                |
| Cina      | SALATA ORIENTALA 300G,CEAI |

Dieta: 28 - BZ-HIDRIC

Calorii: 51,00

|           |              |
|-----------|--------------|
| Mic Dejun | HIDRIC=CEAI  |
| Pranz     | HIDRIC= SUPA |
| Cina      | HIDRIC= CEAI |

Dieta: 29 - BZ-MEDIC DE GARDA

Calorii: 5.955,82

|           |                                               |
|-----------|-----------------------------------------------|
| Mic Dejun | GARDA= BRZ TOP 2BUC,OUA 2 BUC,PAINE 300G,CEAI |
| Mic Dejun | MASLINE 100G                                  |
| Pranz     | CIORBA LEGUME 300G                            |
| Pranz     | IAHNIE FASOLE 250G                            |
| Pranz     | PULPE INF 1 BUC                               |
| Cina      | CART PAI 250G,FRIPTURA P 200G,CEAI            |
| Cina      | IAURT                                         |

Dieta: 30 - BZ-CIROZA

Calorii: 2.436,58

|           |                                       |
|-----------|---------------------------------------|
| Mic Dejun | GEM 60G                               |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI+PAINE 300g |
| Pranz     | CIORBA LEGUME 300G                    |
| Pranz     | MANCARE FASOLE VERDE 250g             |
| Cina      | LAPTE 250ML                           |
| Cina      | SALATA ORIENTALA 300G,CEAI            |

20.03.2026.

As. Dietetician,

USTUROIU MARILEN  
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Certificat nr. B. 005730