

**Meniu**  
la data de 21.05.2026

|        |                 |                                                 |          |
|--------|-----------------|-------------------------------------------------|----------|
| Dieta: | 21 - BZ-DESODAT | Calorii:                                        | 2.497,45 |
|        | Mic Dejun       | GEM 60G                                         |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G                |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI                      |          |
|        | Pranz           | CIORBA LEGUME 300G                              |          |
|        | Pranz           | CIULAMA 300g+ MAMALIGA 150g                     |          |
|        | Pranz           | PULPE IMFERIOARE 1BUC                           |          |
|        | Cina            | PASTE CU BRANZA 300G,CEAI                       |          |
| Dieta: | 22 - BZ-GASTRIC | Calorii:                                        | 2.497,45 |
|        | Mic Dejun       | GEM 60G                                         |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G                |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI                      |          |
|        | Pranz           | CIORBA LEGUME 300G                              |          |
|        | Pranz           | CIULAMA 300g+ MAMALIGA 150g                     |          |
|        | Pranz           | PULPE IMFERIOARE 1BUC                           |          |
|        | Cina            | PASTE CU BRANZA 300G,CEAI                       |          |
| Dieta: | 23 - BZ-HEPATIC | Calorii:                                        | 2.497,45 |
|        | Mic Dejun       | GEM 60G                                         |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G                |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI                      |          |
|        | Pranz           | CIORBA LEGUME 300G                              |          |
|        | Pranz           | CIULAMA 300g+ MAMALIGA 150g                     |          |
|        | Pranz           | PULPE IMFERIOARE 1BUC                           |          |
|        | Cina            | PASTE CU BRANZA 300G,CEAI                       |          |
| Dieta: | 26 - BZ-DIABET  | Calorii:                                        | 2.315,55 |
|        | Mic Dejun       | IAURT 1BUC                                      |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G                |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI                      |          |
|        | Pranz           | CIORBA LEGUME 300G                              |          |
|        | Pranz           | CIULAMA 300g+ MAMALIGA 150g                     |          |
|        | Pranz           | PULPE IMFERIOARE 1BUC                           |          |
|        | Cina            | MAMALIGA CU BRANZA SI RASOL,CEAI 240G/100G/100G |          |
| Dieta: | 27 - BZ-RENAL   | Calorii:                                        | 2.601,33 |
|        | Mic Dejun       | GEM 60G                                         |          |
|        | Mic Dejun       | MELCISORI CU BRANZA 1BUC                        |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G                |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI                      |          |
|        | Pranz           | CIORBA LEGUME 300G                              |          |
|        | Pranz           | CIULAMA 300g+ MAMALIGA 150g                     |          |
|        | Cina            | PASTE CU BRANZA 300G,CEAI                       |          |

As. Dietetician,

**USTUROIU MARILEN**  
Asistent Medical General  
Certificat nr. BZ-0057

|        |                |              |       |
|--------|----------------|--------------|-------|
| Dieta: | 28 - BZ-HIDRIC | Calorii:     | 51,00 |
|        | Mic Dejun      | HIDRIC=CEAI  |       |
|        | Pranz          | HIDRIC= SUPA |       |
|        | Cina           | HIDRIC= CEA  |       |

|        |                        |                                          |          |
|--------|------------------------|------------------------------------------|----------|
| Dieta: | 29 - BZ-MEDIC DE GARDA | Calorii:                                 | 5.913,23 |
|        | Mic Dejun              | BRANZA TOPITA2 buc,UNT25g,PAINE300g,CEAI |          |
|        | Mic Dejun              | CREMWURSTI 100G                          |          |
|        | Mic Dejun              | MELCISORI CU BRANZA 1BUC                 |          |
|        | Pranz                  | CIORBA LEGUME 300G                       |          |
|        | Pranz                  | CIULAMA 300g+ MAMALIGA 150g              |          |
|        | Pranz                  | PULPE INF 1 BUC                          |          |
|        | Cina                   | CART PAI 250G,FRIPTURA P 200G,CEAI       |          |

|        |                |                                  |          |
|--------|----------------|----------------------------------|----------|
| Dieta: | 30 - BZ-CIROZA | Calorii:                         | 2.497,45 |
|        | Mic Dejun      | GEM 60G                          |          |
|        | Mic Dejun      | PAINE MIC DEJUN,PRANZ I 100G/50G |          |
|        | Mic Dejun      | UNT 25g+BRZ.TOP 1 buc+CEAI       |          |
|        | Pranz          | CIORBA LEGUME 300G               |          |
|        | Pranz          | CIULAMA 300g+ MAMALIGA 150g      |          |
|        | Pranz          | PULPE IMFERIOARE 1BUC            |          |
|        | Cina           | PASTE CU BRANZA 300G,CEAI        |          |

21.05.2016  
 USTUROIU, MARILENA  
 Asistent Medical Generalist  
 Certificat nr. 03

As. Dietetician,