

**Meniu**

la data de 27.02.2026

|        |                 |                                                     |          |
|--------|-----------------|-----------------------------------------------------|----------|
| Dieta: | 21 - BZ-DESODAT | Calorii:                                            | 2.609,45 |
|        | Mic Dejun       | MASLINE 50G                                         |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI+PAINE 300g               |          |
|        | Pranz           | CIORBA LEGUME 300G                                  |          |
|        | Pranz           | IAHNIE FASOLE 250G                                  |          |
|        | Pranz           | MERE 1buc                                           |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI                             |          |
| Dieta: | 22 - BZ-GASTRIC | Calorii:                                            | 2.251,05 |
|        | Mic Dejun       | MASLINE 50G                                         |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI+PAINE 300g               |          |
|        | Pranz           | CIORBA LEGUME 300G                                  |          |
|        | Pranz           | MANCARE FASOLE VERDE 250g                           |          |
|        | Pranz           | MERE 1buc                                           |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI                             |          |
| Dieta: | 23 - BZ-HEPATIC | Calorii:                                            | 2.469,55 |
|        | Mic Dejun       | MASLINE100g ,BRZ TOP1 buc,CEAI,PAINE300g            |          |
|        | Mic Dejun       | UNT 25G,CEAI                                        |          |
|        | Pranz           | CIORBA LEGUME 300G                                  |          |
|        | Pranz           | MANCARE FASOLE VERDE 250g                           |          |
|        | Pranz           | MERE 1buc                                           |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI                             |          |
| Dieta: | 26 - BZ-DIABET  | Calorii:                                            | 2.888,25 |
|        | Mic Dejun       | MASLINE 100G                                        |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G                    |          |
|        | Mic Dejun       | SUNCA PRESATA P 100G+UNT 25G+CEAI                   |          |
|        | Pranz           | CIORBA LEGUME 300G                                  |          |
|        | Pranz           | MAMALIGA 250G                                       |          |
|        | Pranz           | MANCARE F.VERDE 250g+PULPA INF 1 buc                |          |
|        | Pranz           | MERE 1buc                                           |          |
|        | Cina            | FICAT LA CAPAC CU SOS 100G/150G +MAMALIGA 250G+CEAI |          |
| Dieta: | 27 - BZ-RENAL   | Calorii:                                            | 2.469,55 |
|        | Mic Dejun       | MASLINE100g ,BRZ TOP1 buc,CEAI,PAINE300g            |          |
|        | Mic Dejun       | UNT 25G,CEAI                                        |          |
|        | Pranz           | CIORBA LEGUME 300G                                  |          |
|        | Pranz           | MANCARE FASOLE VERDE 250g                           |          |
|        | Pranz           | MERE 1buc                                           |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI                             |          |

As. Dietetician,

|        |                |              |       |
|--------|----------------|--------------|-------|
| Dieta: | 28 - BZ-HIDRIC | Calorii:     | 51,00 |
|        | Mic Dejun      | HIDRIC=CEAI  |       |
|        | Pranz          | HIDRIC= SUPA |       |
|        | Cina           | HIDRIC= CEA  |       |

|        |                        |                                          |          |
|--------|------------------------|------------------------------------------|----------|
| Dieta: | 29 - BZ-MEDIC DE GARDA | Calorii:                                 | 6.198,95 |
|        | Mic Dejun              | BRANZA TOPITA2 buc,UNT25g,PAINE300g,CEAI |          |
|        | Mic Dejun              | MASLINE 100G                             |          |
|        | Pranz                  | CIORBA LEGUME 300G                       |          |
|        | Pranz                  | IAHNIE FASOLE 250G                       |          |
|        | Pranz                  | MANCARE FASOLE VERDE 250g                |          |
|        | Cina                   | CART PAI 250G,FRIPTURA P 200G,CEAI       |          |
|        | Cina                   | COMPOT                                   |          |
|        | Cina                   | SOTE LEGUME MEXICANE 250G                |          |

|        |                |                                       |          |
|--------|----------------|---------------------------------------|----------|
| Dieta: | 30 - BZ-CIROZA | Calorii:                              | 2.251,05 |
|        | Mic Dejun      | MASLINE 50G                           |          |
|        | Mic Dejun      | UNT 25g+BRZ.TOP 1 buc+CEAI+PAINE 300g |          |
|        | Pranz          | CIORBA LEGUME 300G                    |          |
|        | Pranz          | MANCARE FASOLE VERDE 250g             |          |
|        | Pranz          | MERE 1buc                             |          |
|        | Cina           | OREZ CU LAPTE 250G,CEAI               |          |

27.02.2026.

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As. Dietetician,