

Meniu

la data de 31.03.2026

Dieta: 21 - BZ-DESODAT

Calorii: 2.156,75

Mic Dejun	GEM 60G
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE IMFERIOARE 1BUC
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

Dieta: 22 - BZ-GASTRIC

Calorii: 2.156,75

Mic Dejun	GEM 60G
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE IMFERIOARE 1BUC
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

Dieta: 23 - BZ-HEPATIC

Calorii: 2.156,75

Mic Dejun	GEM 60G
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE IMFERIOARE 1BUC
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

Dieta: 26 - BZ-DIABET

Calorii: 2.275,30

Mic Dejun	IAURT 1BUC
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	MAMALIGA 250G
Pranz	MANCARE SPANAC 250G
Pranz	PULPE INF 1 BUC
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G

USTUROIU MARILENA
Asistent Medical Generalist
Certificat nr. BZ 005782

As. Dietetician,

Dieta:	27 - BZ-RENAL		Calorii:	1.929,55
	Mic Dejun	GEM 60G		
	Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G		
	Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI		
	Pranz	CIORBA LEGUME 300G		
	Pranz	NAPOLITANA		
	Pranz	PILAF LEGUME 300g		
	Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI		
Dieta:	28 - BZ-HIDRIC		Calorii:	51,00
	Mic Dejun	HIDRIC=CEAI		
	Pranz	HIDRIC= SUPA		
	Cina	HIDRIC= CEAI		
Dieta:	29 - BZ-MEDIC DE GARDA		Calorii:	5.279,52
	Mic Dejun	GARDA= BRZ TOP 2BUC, OUA 2 BUC, PAINE 300G, CEAI		
	Pranz	CIORBA LEGUME 300G		
	Pranz	PILAF LEGUME 300g		
	Pranz	PULPE INF 1 BUC		
	Cina	GARDA=CART PAI 250G, PESTE 250G, MAMALIGA 150G		
Dieta:	30 - BZ-CIROZA		Calorii:	2.156,75
	Mic Dejun	GEM 60G		
	Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G		
	Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI		
	Pranz	CIORBA LEGUME 300G		
	Pranz	PILAF LEGUME 300g		
	Pranz:	PULPE INFÈRIOARE 1BUC		
	Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI		
Dieta:	31 - BZ-ADDLER		Calorii:	1.780,05
	Mic Dejun	IAURT 1 BUC, BRZ TOP 1 BUC, CEAI		
	Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G		
	Mic Dejun	UNT 25G, CEAI		
	Pranz	CIORBA LEGUME 300G		
	Pranz	PILAF LEGUME 300g		
	Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI		

31.03.2016
USTUROIU MARILEN
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As. Dietetician,