

**Meniu**  
la data de 13.06.2026

Buc. Sahara

Dieta: 21 - BZ-DESODAT

Calorii: 1.667,32

|           |                                   |
|-----------|-----------------------------------|
| Mic Dejun | IAURT 1BUC                        |
| Mic Dejun | PAINE MIC DEJUN, PRANZ I 100G/50G |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI        |
| Pranz     | CIORBA PERISOARE 300G/50G         |
| Pranz     | FICAT PUI LA CAPAC 100G           |
| Pranz     | PASTE CU SOS DE ROSII 250G        |
| Cina      | CEAI                              |
| Cina      | SOTE LEGUME MEXICANE 250G         |

Dieta: 22 - BZ-GASTRIC

Calorii: 1.667,32

|           |                                   |
|-----------|-----------------------------------|
| Mic Dejun | IAURT 1BUC                        |
| Mic Dejun | PAINE MIC DEJUN, PRANZ I 100G/50G |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI        |
| Pranz     | CIORBA PERISOARE 300G/50G         |
| Pranz     | FICAT PUI LA CAPAC 100G           |
| Pranz     | PASTE CU SOS DE ROSII 250G        |
| Cina      | CEAI                              |
| Cina      | SOTE LEGUME MEXICANE 250G         |

Dieta: 23 - BZ-HEPATIC

Calorii: 1.667,32

|           |                                   |
|-----------|-----------------------------------|
| Mic Dejun | IAURT 1BUC                        |
| Mic Dejun | PAINE MIC DEJUN, PRANZ I 100G/50G |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI        |
| Pranz     | CIORBA PERISOARE 300G/50G         |
| Pranz     | FICAT PUI LA CAPAC 100G           |
| Pranz     | PASTE CU SOS DE ROSII 250G        |
| Cina      | CEAI                              |
| Cina      | SOTE LEGUME MEXICANE 250G         |

Dieta: 26 - BZ-DIABET

Calorii: 2.286,42

|           |                                   |
|-----------|-----------------------------------|
| Mic Dejun | IAURT 1BUC                        |
| Mic Dejun | PAINE MIC DEJUN, PRANZ I 100G/50G |
| Mic Dejun | UNT 25g+BRZ.TOP 1 buc+CEAI        |
| Pranz     | CIORBA PERISOARE 300G/50G         |
| Pranz     | FICAT PUI LA CAPAC 100G           |
| Pranz     | PASTE CU SOS DE ROSII 250G        |
| Cina      | OSTROPEL CU CARNE, MAMALIGA,CEAI  |
| Cina      | SOTE LEGUME MEXICANE 250G         |

USTUROIU MARILENA  
Asistent Medical Generalist  
Certificat nr. BZ 005782

As. Dietetician,

|        |               |                                   |          |
|--------|---------------|-----------------------------------|----------|
| Dieta: | 27 - BZ-RENAL | Calorii:                          | 1.731,05 |
|        | Mic Dejun     | IAURT 1BUC                        |          |
|        | Mic Dejun     | PAINE MIC DEJUN, PRANZ I 100G/50G |          |
|        | Mic Dejun     | UNT 25g+BRZ.TOP 1 buc+CEAI        |          |
|        | Pranz         | CIORBA LEGUME 300G                |          |
|        | Pranz         | FICAT PUI LA CAPAC 100G           |          |
|        | Pranz         | PASTE CU SOS DE ROSII 250G        |          |
|        | Cina          | CEAI                              |          |
|        | Cina          | SOTE LEGUME MEXICANE 250G         |          |

|        |                |              |       |
|--------|----------------|--------------|-------|
| Dieta: | 28 - BZ-HIDRIC | Calorii:     | 51,00 |
|        | Mic Dejun      | HIDRIC=CEAI  |       |
|        | Pranz          | HIDRIC= SUPA |       |
|        | Cina           | HIDRIC= CEAI |       |

|        |                        |                                                 |          |
|--------|------------------------|-------------------------------------------------|----------|
| Dieta: | 29 - BZ-MEDIC DE GARDA | Calorii:                                        | 5.720,79 |
|        | Mic Dejun              | GARDA= BRZ TOP 2BUC, OUA 2 BUC, PAINE 300G,CEAI |          |
|        | Pranz                  | CIORBA PERISOARE 300G/50G                       |          |
|        | Pranz                  | FICAT LA CAPAC 100G, MAMALIGA 250G              |          |
|        | Pranz                  | PASTE CU SOS DE ROSII 250G                      |          |
|        | Cina                   | CART PAI 250G, FRIPTURA P 200G,CEAI             |          |
|        | Cina                   | IAURT                                           |          |
|        | Cina                   | SOTE LEGUME MEXICANE 250G                       |          |

|        |                |                                   |          |
|--------|----------------|-----------------------------------|----------|
| Dieta: | 30 - BZ-CIROZA | Calorii:                          | 1.667,32 |
|        | Mic Dejun      | IAURT 1BUC                        |          |
|        | Mic Dejun      | PAINE MIC DEJUN, PRANZ I 100G/50G |          |
|        | Mic Dejun      | UNT 25g+BRZ.TOP 1 buc+CEAI        |          |
|        | Pranz          | CIORBA PERISOARE 300G/50G         |          |
|        | Pranz          | FICAT PUI LA CAPAC 100G           |          |
|        | Pranz          | PASTE CU SOS DE ROSII 250G        |          |
|        | Cina           | CEAI                              |          |
|        | Cina           | SOTE LEGUME MEXICANE 250G         |          |