

## Meniu spital 03.04.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                                            | Pranz                                                                                             | Cina                                             |
|-------|-------------------|----------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--------------------------------------------------|
| 1     | COMUN-GL          | 11       | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                | 1.CIORBA DE LEGUME 300G; 2.VARZA 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC;             | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 2     | DESODAT-GL        | 1        | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.CIORBA DE LEGUME 300G; 2.VARZA 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC;             | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 3     | CARDIAC-GL        | 21       | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.CIORBA DE LEGUME 300G; 2.VARZA 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC;             | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 4     | DIABET-GL         | 10       | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;           | 1.CIORBA DE LEGUME 300G; 2.VARZA 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;                    | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 5     | DIABET CARDIAC-GL | 5        | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G; | 1.CIORBA DE LEGUME 300G; 2.VARZA 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;                    | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 6     | HEPATIC-GL        | 1        | 1.CEAI, TELEMEEA DESARATA 150G, IAURT 1 BUC; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                            | 1.SUPA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC;   | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 7     | GASTRIC-GL        | 6        | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                | 1.CIORBA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 8     | CIROZA-GL         | 3        | 1.CEAI, TELEMEEA DESARATA 150G, GEM 60 G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                      | 1.CIORBA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 10    | HIDRIC-GL         | 2        | CEAI;                                                                                                                | 1.SUPA STRECURATA DEGRESATA* 300G;                                                                | SUPA STRECURATA DEGRESATA* 300G;                 |
| 13    | DIABET CIROZA-GL  | 1        | 1.CEAI, TELEMEEA DESARATA 150G, IAURT 1 BUC, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;              | 1.CIORBA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.MAR 1 BUC;        | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 23    | MEDIC DE GARDA    | 1        | 1.CEAI, TELEMEEA DESARATA 150G, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                | 1.CIORBA DE LEGUME 300G; 2.VARZA 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC;             | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 24    | BILIAR            | 1        | 1.CEAI, TELEMEEA DESARATA 150G, GEM 60 G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                      | 1.CIORBA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.NAPOLITANE 1 BUC; | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |
| 25    | COLECISTECTOMIE   | 1        | 1.CEAI, TELEMEEA DESARATA 150G, IAURT 1 BUC; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                            | 1.CIORBA DE LEGUME 300G; 2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC;                     | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |

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