

**Meniu spital 04.01.2026**

| NrCrt | Dieta          | Efective | Mic Dejun                                                                                             | Pranz                                                                     | Cina                                     |
|-------|----------------|----------|-------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------|
| 1     | DIABET-GL      | 1        | 1.CEAI, BRANZA TOPITA 2 BUC, IAURT 1 BUC; PAINE FARA SARE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G; | 1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.MAR 1 BUC; | GRATAR PIEPT PUI 80G; LAPTE BATUT 1 BUC; |
| 2     | GASTRIC-GL     | 1        | 1.CEAI, BRANZA TOPITA 2 BUC, IAURT 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PULPA PUI 1 BUC; 4.MAR 1 BUC; | GRATAR PIEPT PUI 80G; LAPTE BATUT 1 BUC; |
| 3     | MEDIC DE GARDA | 1        | 1.CEAI, BRANZA TOPITA 2 BUC, IAURT 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+PIEPT 80G; 4.MAR 1 BUC;       | GRATAR PIEPT PUI 80G; LAPTE BATUT 1 BUC; |

Intocmit .....