

Meniu spital 05.04.2026

NrCrt	Dieta	Efective	Mic Dejun	Pranz	Cina
1	COMUN-GL	3	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
2	DESODAT-GL	2	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
3	CARDIAC-GL	12	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
4	DIABET-GL	4	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE DIABET PRANZ 100G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.MAR 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
5	DIABET CARDIAC-GL	1	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE FARA SARE DIABET PRANZ 100G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.MAR 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
6	HEPATIC-GL	1	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
7	GASTRIC-GL	4	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
11	HIDROLACTAT-GL	3	CEAI; IAURT 1 BUC;	1.SUPA HIDROL* 300G;	SUPA HIDROL* 300G;
15	MEDIC DE GARDA	1	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
23	BILIAR	1	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.RASOL MERLUCIU 150G+CARTOF 150G+MORCOV 100G; 4.TORTULET BISCUITI 1 BUC;	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G;
24	COLECISTECTOMIE	1	1.CEAI, CHEFIR 1 BUC, COLACEL 1 BUC; PAINE MIC DEJUN, PRANZ 100G/150G;	1.SUPA DE LEGUME 300G; 2.CARTOFI NATUR 250G+TELEMEA DESARATA 120G;	SOTE FASOLE VERDE 250G+FICAT PUI 80G;

