

## Meniu spital 12.02.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                                  | Pranz                                                                 | Cina                                                             |
|-------|-------------------|----------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------|------------------------------------------------------------------|
| 1     | COMUN-GL          | 4        | 1.CEAI, CHEFIR 1 BUC,<br>CROISSANT 1 BUC; PAINE<br>MIC DEJUN, PRANZ I, CINA<br>100G/75G/100G;              | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ROSU 250G/80G; | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 2     | DESODAT-GL        | 1        | 1.CEAI, CHEFIR 1 BUC,<br>CROISSANT 1 BUC; PAINE<br>FARA SARE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G; | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ROSU 250G/80G; | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 3     | CARDIAC-GL        | 19       | 1.CEAI, CHEFIR 1 BUC,<br>CROISSANT 1 BUC; PAINE<br>FARA SARE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G; | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ROSU 250G/80G; | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 4     | DIABET-GL         | 6        | 1.CEAI, CHEFIR 1 BUC,<br>COLACEL 1 BUC; PAINE<br>DIABET PRANZ, CINA<br>100G/50G;                           | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ROSU 250G/80G; | CONOPIDA GRATINATA<br>300G; MAR 1 BUC;                           |
| 5     | DIABET CARDIAC-GL | 5        | 1.CEAI, CHEFIR 1 BUC,<br>COLACEL 1 BUC; PAINE<br>FARA SARE DIABET PRANZ,<br>CINA 100G/50G;                 | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ROSU 250G/80G; | CONOPIDA GRATINATA<br>300G; MAR 1 BUC;                           |
| 7     | GASTRIC-GL        | 19       | 1.CEAI, CHEFIR 1 BUC,<br>COLACEL 1 BUC; PAINE MIC<br>DEJUN, PRANZ I, CINA<br>100G/75G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ALB 250G/80G;  | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 8     | CIROZA-GL         | 4        | 1.CEAI, CHEFIR 1 BUC,<br>CROISSANT 1 BUC; PAINE<br>MIC DEJUN, PRANZ I, CINA<br>100G/75G/100G;              | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ALB 250G/80G;  | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 9     | RENAL-GL          | 1        | 1.CEAI, CHEFIR 1 BUC,<br>CROISSANT 1 BUC; PAINE<br>FARA SARE MIC DEJUN,<br>PRANZ I, CINA<br>100G/75G/100G; | 1.CIORBA DE LEGUME 300G;<br>PASTE CU BRANZA<br>250G/120G;             | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 10    | HIDRIC-GL         | 1        | CEAI;                                                                                                      | SUPA STRECURATA<br>DEGRESATA 300G;                                    | SUPA STRECURATA<br>DEGRESATA 300G;                               |
| 11    | HIDROLACTAT-GL    | 3        | CEAI; IAURT 1 BUC;                                                                                         | SUPA HIDROL;                                                          | SUPA HIDROL;                                                     |
| 15    | MEDIC DE GARDA    | 1        | 1.CEAI, CHEFIR 1 BUC,<br>CROISSANT 1 BUC; PAINE<br>MIC DEJUN, PRANZ, CINA<br>100G/150G/100G;               | 1.CIORBA DE LEGUME 300G;<br>2.PASTE CU PIEPT SI SOS<br>ALB 250G/80G;  | BISCUITI 1 PAC.; CONOPIDA<br>GRATINATA 300G;                     |
| 26    | COLECISTECTOMIE   | 1        | 1.CEAI, CHEFIR 1 BUC,<br>COLACEL 1 BUC; PAINE MIC<br>DEJUN, PRANZ I, CINA<br>100G/75G/100G;                | 1.SUPA DE LEGUME 300G;<br>PASTE CU BRANZA<br>250G/120G;               | BISCUITI 1 PAC.; CARTOFI<br>NATUR 250G+TELEMEA<br>DESARATA 120G; |

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