

## Meniu spital 16.03.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                                         | Pranz                                                                                               | Cina                                        |
|-------|-------------------|----------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|---------------------------------------------|
| 1     | COMUN-GL          | 3        | CEAI, TELEMEDIA DESARATA 150G, PARIZER 150G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.SPANAC 250G+PULPA INFERIOARA PUI 1 BUC;<br>4.BISCUITI 1 PAC.;         | SALATA ORIENTALA 400G;                      |
| 2     | DESODAT-GL        | 2        | CEAI, TELEMEDIA DESARATA 150G, PARIZER 150G, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.CIORBA DE LEGUME 300G;<br>2.SPANAC 250G+PULPA INFERIOARA PUI 1 BUC;<br>4.BISCUITI 1 PAC.;         | SALATA ORIENTALA 400G;                      |
| 3     | CARDIAC-GL        | 19       | CEAI, TELEMEDIA DESARATA 150G, PARIZER 150G, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ, CINA 100G/150G/100G;      | 1.CIORBA DE LEGUME 300G;<br>2.SPANAC 250G+PULPA INFERIOARA PUI 1 BUC;<br>4.BISCUITI 1 PAC.;         | SALATA ORIENTALA 400G;                      |
| 4     | DIABET-GL         | 6        | CEAI, TELEMEDIA DESARATA 150G, PARIZER 150G, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G;           | 1.CIORBA DE LEGUME 300G;<br>2.SPANAC 250G+PULPA INFERIOARA PUI 1 BUC;<br>4.MAR 1 BUC;               | SALATA ORIENTALA 400G;                      |
| 5     | DIABET CARDIAC-GL | 4        | CEAI, TELEMEDIA DESARATA 150G, PARIZER 150G, UNT 20G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ, CINA 50G/100G/50G; | 1.CIORBA DE LEGUME 300G;<br>2.SPANAC 250G+PULPA INFERIOARA PUI 1 BUC;<br>4.MAR 1 BUC;               | SALATA ORIENTALA 400G;                      |
| 6     | GASTRIC-GL        | 7        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                               | 1.CIORBA DE LEGUME 300G;<br>2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.BISCUITI 1 PAC.; | CARTOFI NATUR 250G+TELEMEDIA DESARATA 120G; |
| 7     | CIROZA-GL         | 1        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                               | 1.CIORBA DE LEGUME 300G;<br>2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.BISCUITI 1 PAC.; | CARTOFI NATUR 250G+TELEMEDIA DESARATA 120G; |
| 14    | MEDIC DE GARDA    | 1        | CEAI, TELEMEDIA DESARATA 150G, PARIZER 150G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.SPANAC 250G+PULPA INFERIOARA PUI 1 BUC;<br>4.BISCUITI 1 PAC.;         | SALATA ORIENTALA 400G;                      |
| 23    | BILIAR            | 3        | 1.CEAI, BRANZA FAGARAS 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                               | 1.SUPA DE LEGUME 300G;<br>2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.BISCUITI 1 PAC.;   | CARTOFI NATUR 250G+TELEMEDIA DESARATA 120G; |
| 24    | COLECISTECTOMIE   | 3        | 1.CEAI, BRANZA FAGARAS 1 BUC; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                                        | 1.SUPA DE LEGUME 300G;<br>2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC; 4.BISCUITI 1 PAC.;   | CARTOFI NATUR 250G+TELEMEDIA DESARATA 120G; |

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