

## Meniu spital 27.03.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                                                         | Pranz                                                                              | Cina                                          |
|-------|-------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------|
| 1     | COMUN-GL          | 4        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, OU FIERT 1<br>BUC, UNT 20G; PAINE MIC<br>DEJUN, PRANZ, CINA<br>100G/150G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.VARZA 250G+PULPA<br>INFERIOARA PUI 1 BUC;            | CONOPIDA GRATINATA<br>300G; NAPOLITANE 1 BUC; |
| 2     | CARDIAC-GL        | 29       | 1.CEAI, TELEMEDIA<br>DESARATA 150G, OU FIERT 1<br>BUC, UNT 20G; PAINE FARA<br>SARE MIC DEJUN, PRANZ,<br>CINA 100G/150G/100G;      | 1.CIORBA DE LEGUME 300G;<br>2.VARZA 250G+PULPA<br>INFERIOARA PUI 1 BUC;            | CONOPIDA GRATINATA<br>300G; NAPOLITANE 1 BUC; |
| 3     | DIABET-GL         | 13       | 1.CEAI, TELEMEDIA<br>DESARATA 150G, OU FIERT 1<br>BUC, UNT 20G; PAINE<br>DIABET MIC DEJUN, PRANZ,<br>CINA 50G/100G/50G;           | 1.CIORBA DE LEGUME 300G;<br>2.VARZA 250G+PULPA<br>INFERIOARA PUI 1 BUC;            | CONOPIDA GRATINATA<br>300G; MAR 1 BUC;        |
| 4     | DIABET CARDIAC-GL | 7        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, OU FIERT 1<br>BUC, UNT 20G; PAINE FARA<br>SARE DIABET MIC DEJUN,<br>PRANZ, CINA 50G/100G/50G; | 1.CIORBA DE LEGUME 300G;<br>2.VARZA 250G+PULPA<br>INFERIOARA PUI 1 BUC;            | CONOPIDA GRATINATA<br>300G; MAR 1 BUC;        |
| 5     | GASTRIC-GL        | 9        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, OU FIERT 1<br>BUC, UNT 20G; PAINE MIC<br>DEJUN, PRANZ, CINA<br>100G/150G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.CARTOFI NATUR<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; | CONOPIDA GRATINATA<br>300G; NAPOLITANE 1 BUC; |
| 6     | CIROZA-GL         | 3        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ, CINA<br>100G/150G/100G;                      | 1.CIORBA DE LEGUME 300G;<br>2.CARTOFI NATUR<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; | CONOPIDA GRATINATA<br>300G; NAPOLITANE 1 BUC; |
| 7     | HIDRIC-GL         | 3        | CEAI;                                                                                                                             | 1.SUPA STRECURATA<br>DEGRESATA* 300G;                                              | SUPA STRECURATA<br>DEGRESATA* 300G;           |
| 8     | HIDROLACTAT-GL    | 2        | CEAI; IAURT 1 BUC;                                                                                                                | SUPA HIDROL*;                                                                      | SUPA HIDROL*;                                 |
| 9     | DIABET CIROZA-GL  | 1        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE<br>DIABET MIC DEJUN, PRANZ,<br>CINA 50G/100G/50G;              | 1.CIORBA DE LEGUME 300G;<br>2.CARTOFI NATUR<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; | CONOPIDA GRATINATA<br>300G; MAR 1 BUC;        |
| 10    | DIABET HEPATIC-GL | 1        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, IAURT 1<br>BUC, UNT 20G; PAINE<br>DIABET MIC DEJUN, PRANZ,<br>CINA 50G/100G/50G;              | 1.CIORBA DE LEGUME 300G;<br>2.CARTOFI NATUR<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; | CONOPIDA GRATINATA<br>300G; MAR 1 BUC;        |
| 11    | MEDIC DE GARDA    | 1        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, OU FIERT 1<br>BUC, UNT 20G; PAINE MIC<br>DEJUN, PRANZ, CINA<br>100G/150G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.VARZA 250G+PULPA<br>INFERIOARA PUI 1 BUC;            | CONOPIDA GRATINATA<br>300G; NAPOLITANE 1 BUC; |
| 12    | BILIAR            | 2        | 1.CEAI, TELEMEDIA<br>DESARATA 150G, GEM 60 G,<br>UNT 20G; PAINE MIC DEJUN,<br>PRANZ, CINA<br>100G/150G/100G;                      | 1.CIORBA DE LEGUME 300G;<br>2.CARTOFI NATUR<br>250G+PULPA INFERIOARA<br>PUI 1 BUC; | CONOPIDA GRATINATA<br>300G; NAPOLITANE 1 BUC; |

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