

Meniu

la data de 14.03.2026

Dieta: 21 - BZ-DESODAT

Calorii: 1.780,05

Mic Dejun	IAURT 1BUC
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	MACROU 150G
Pranz	PILAF LEGUME 300g
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

Dieta: 22 - BZ-GASTRIC

Calorii: 1.781,26

Mic Dejun	OU FIERT 1BUC
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	MACROU 150G
Pranz	PILAF LEGUME 300g
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

Dieta: 23 - BZ-HEPATIC

Calorii: 2.186,31

Mic Dejun	BRANZA FAGARAS 1 BUC
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+GEM 60g+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE INF 1 BUC
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

Dieta: 26 - BZ-DIABET

Calorii: 1.971,06

Mic Dejun	OU FIERT 1BUC
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+BRZ.TOP 1 buc+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	MARINATA PESTE 250G, MAMALIGA 250G
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G+FICATEI 80G

Dieta: 27 - BZ-RENAL

Calorii: 1.930,71

Mic Dejun	BRANZA FAGARAS 1 BUC
Mic Dejun	PAINE MIC DEJUN, PRANZ I 100G/50G
Mic Dejun	UNT 25g+GEM 60g+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Cina	COMPOT
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

As. Dietetician,

USTUROIU MARILEN
Asistent Medical Generalist
Certificat nr. BZ 005782

Dieta: 29 - BZ-MEDIC DE GARDA

Calorii: 5.500,31

Mic Dejun	BRANZA FAGARAS 1 BUC
Mic Dejun	MASLINE 100G
Mic Dejun	PAINE 300G,CEAI
Mic Dejun	UNT 25G,CEAI
Pranz	BROCOLI SOTAT 250G
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Cina	CARTOFI PAI 250G
Cina	COMPOT
Cina	SOTE LEGUME MEXICANE 250G

Dieta: 30 - BZ-CIROZA

Calorii: 2.157,91

Mic Dejun	BRANZA FAGARAS 1 BUC
Mic Dejun	PAINE MIC DEJUN,PRANZ I 100G/50G
Mic Dejun	UNT 25g+GEM 60g+CEAI
Pranz	CIORBA LEGUME 300G
Pranz	PILAF LEGUME 300g
Pranz	PULPE IMFERIOARE 1BUC
Cina	MAMALIGA CU BRANZA SI SMANTANA 230G/160G, CEAI

14.03.2016.

USTUROIU MARILENA
Asistent Medical Generalist
Certificat nr. BZ 005782

As. Dietetician,