

**Meniu**

la data de 24.01.2026

|        |                 |                                    |          |
|--------|-----------------|------------------------------------|----------|
| Dieta: | 21 - BZ-DESODAT | Calorii:                           | 1.956,25 |
|        | Mic Dejun       | BRANZA TOPITA 1 BUC                |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G   |          |
|        | Mic Dejun       | UNT 25g+GEM 60g+CEAI               |          |
|        | Pranz           | CIORBA LEGUME 300G                 |          |
|        | Pranz           | MACROU 150G                        |          |
|        | Pranz           | PASTE CU SOS DE ROSII 250G         |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI            |          |
| Dieta: | 22 - BZ-GASTRIC | Calorii:                           | 1.806,25 |
|        | Mic Dejun       | BRANZA TOPITA 2BUC                 |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G   |          |
|        | Mic Dejun       | UNT 25G,CEAI                       |          |
|        | Pranz           | CIORBA LEGUME 300G                 |          |
|        | Pranz           | MACROU 150G                        |          |
|        | Pranz           | PASTE CU SOS DE ROSII 250G         |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI            |          |
| Dieta: | 23 - BZ-HEPATIC | Calorii:                           | 2.191,35 |
|        | Mic Dejun       | GEM 60G                            |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G   |          |
|        | Mic Dejun       | UNT 25g+BRZ.TOP 1 buc+CEAI         |          |
|        | Pranz           | CIORBA LEGUME 300G                 |          |
|        | Pranz           | PASTE CU SOS DE ROSII 250G         |          |
|        | Pranz           | PULPE INF 1 BUC                    |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI            |          |
| Dieta: | 26 - BZ-DIABET  | Calorii:                           | 1.821,45 |
|        | Mic Dejun       | BRANZA TOPITA 1 BUC                |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G   |          |
|        | Mic Dejun       | PATE FICAT 50GR+UNT25GR+CEAI       |          |
|        | Pranz           | CIORBA LEGUME 300G                 |          |
|        | Pranz           | MACROU 150G                        |          |
|        | Pranz           | PASTE CU SOS DE ROSII 250G         |          |
|        | Cina            | BROCOLI SOTAT 250G                 |          |
|        | Cina            | SARAMURA MACROU 150G+MAMALIGA 230G |          |
| Dieta: | 27 - BZ-RENAL   | Calorii:                           | 1.956,25 |
|        | Mic Dejun       | BRANZA TOPITA 1 BUC                |          |
|        | Mic Dejun       | PAINE MIC DEJUN,PRANZ I 100G/50G   |          |
|        | Mic Dejun       | UNT 25g+GEM 60g+CEAI               |          |
|        | Pranz           | CIORBA LEGUME 300G                 |          |
|        | Pranz           | PASTE CU SOS DE ROSII 250G         |          |
|        | Cina            | OREZ CU LAPTE 250G,CEAI            |          |

As. Dietetician,

USTUROIU MARIA  
Asistent Medical General

|        |                |              |       |
|--------|----------------|--------------|-------|
| Dieta: | 28 - BZ-HIDRIC | Calorii:     | 51,00 |
|        | Mic Dejun      | HIDRIC=CEAI  |       |
|        | Pranz          | HIDRIC= SUPA |       |
|        | Cina           | HIDRIC= CEA  |       |

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|--------|------------------------|----------------------------------------------|----------|
| Dieta: | 29 - BZ-MEDIC DE GARDA | Calorii:                                     | 6.168,25 |
|        | Mic Dejun              | BRANZA TOPITA2 buc,UNT25g,PAINE300g,CEAI     |          |
|        | Pranz                  | CIORBA LEGUME 300G                           |          |
|        | Pranz                  | PASTE CU SOS DE ROSII 250G                   |          |
|        | Pranz                  | SARAMURA PIEPT PUI 150G,MAMALIGA 230G        |          |
|        | Cina                   | BROCOLI SOTAT 250G                           |          |
|        | Cina                   | GARDA=CART PAI 250G,PESTE 250G,MAMALIGA 150G |          |

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| Dieta: | 30 - BZ-CIROZA | Calorii:                         | 2.183,45 |
|        | Mic Dejun      | BRANZA TOPITA 1 BUC              |          |
|        | Mic Dejun      | PAINE MIC DEJUN,PRANZ I 100G/50G |          |
|        | Mic Dejun      | UNT 25g+GEM 60g+CEAI             |          |
|        | Pranz          | CIORBA LEGUME 300G               |          |
|        | Pranz          | PASTE CU SOS DE ROSII 250G       |          |
|        | Pranz          | PULPE IMFERIOARE 1BUC            |          |
|        | Cina           | OREZ CU LAPTE 250G,CEAI          |          |

24.01.2026

USTUROIU MARILEN  
Asistent Medical Generalist  
Certificat nr. BZ 0052

As. Dietetician,