

Meniu spital 20.01.2026

NrCrt	Dieta	Efective	Mic Dejun	Pranz	Cina
1	COMUN-GL	3	1.CEAI, TELEMEDIA DESARATA 150G, GEM 60 G, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
2	DESODAT-GL	3	1.CEAI, TELEMEDIA DESARATA 150G, GEM 60 G, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
3	CARDIAC-GL	15	1.CEAI, TELEMEDIA DESARATA 150G, GEM 60 G, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
4	DIABET-GL	10	1.CEAI, TELEMEDIA DESARATA 150G, IAURT 1 BUC, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ I, CINA 50G/50G/50G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
5	DIABET CARDIAC-GL	4	1.CEAI, TELEMEDIA DESARATA 150G, IAURT 1 BUC, UNT 20G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ I, CINA 50G/50G/50G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
6	GASTRIC-GL	15	1.CEAI, TELEMEDIA DESARATA 150G, IAURT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
7	CIROZA-GL	3	1.CEAI, TELEMEDIA DESARATA 150G, GEM 60 G, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
8	HIDRIC-GL	2	CEAI;	SUPA STRECURATA DEGRESATA 300G;	SUPA STRECURATA DEGRESATA 300G;
9	DIABET CIROZA-GL	1	1.CEAI, TELEMEDIA DESARATA 150G, IAURT 1 BUC, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ I, CINA 50G/50G/50G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
10	DIABET HEPATIC-GL	1	1.CEAI, TELEMEDIA DESARATA 150G, IAURT 1 BUC, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ I, CINA 50G/50G/50G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
11	MEDIC DE GARDA	1	1.CEAI, TELEMEDIA DESARATA 150G, GEM 60 G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA PIEPT PUI 80G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;
12	BILIAR	2	1.CEAI, TELEMEDIA DESARATA 150G, GEM 60 G, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;	1.CIORBA DE LEGUME 300G; 2.SARAMURA MACROU 150G+MAMALIGA 230G; 4.MAR 1 BUC;	PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC;

