

## Meniu spital 30.01.2026

| NrCrt | Dieta             | Efective | Mic Dejun                                                                                                                      | Pranz                                                                                      | Cina                                             |
|-------|-------------------|----------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------|
| 1     | COMUN-GL          | 2        | 2.ROSII 100G; CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;                | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC;      | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 2     | DESODAT-GL        | 2        | 2.ROSII 100G; CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;      | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC;      | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 3     | CARDIAC-GL        | 16       | 2.ROSII 100G; CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE FARA SARE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;      | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC;      | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 4     | DIABET-GL         | 11       | 2.ROSII 100G; CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE DIABET MIC DEJUN, PRANZ I, CINA 50G/50G/50G;           | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.MAR 1 BUC;             | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 5     | DIABET CARDIAC-GL | 7        | 2.ROSII 100G; CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE FARA SARE DIABET MIC DEJUN, PRANZ I, CINA 50G/50G/50G; | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.MAR 1 BUC;             | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 7     | GASTRIC-GL        | 17       | CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;                              | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC;      | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 8     | CIROZA-GL         | 3        | CEAI, BRANZA TOPITA 2 BUC, GEM 60G, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;                                     | 1.CIORBA DE LEGUME 300G;<br>2.MACROU RASOL 150G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC;      | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 10    | HIDRIC-GL         | 1        | CEAI;                                                                                                                          | 1.SUPA STRECURATA DEGRESATA* 300G;                                                         | SUPA STRECURATA DEGRESATA* 300G;                 |
| 11    | HIDROLACTAT-GL    | 1        | CEAI; IAURT 1 BUC;                                                                                                             | SUPA HIDROL*;                                                                              | SUPA HIDROL*;                                    |
| 15    | MEDIC DE GARDA    | 1        | 2.ROSII 100G; CEAI, BRANZA TOPITA 2 BUC, OU FIERT 1 BUC, UNT 20G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                 | 1.CIORBA DE LEGUME 300G;<br>2.SARAMURA PIEPT PUI 80G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC; | PILAF SARBESC 250G+PIEPT PUI 80G;                |
| 24    | BILIAR            | 2        | CEAI, BRANZA TOPITA 2 BUC, GEM 60G, UNT 20G; PAINE MIC DEJUN, PRANZ I, CINA 100G/75G/100G;                                     | 1.CIORBA DE LEGUME 300G;<br>2.SARAMURA MACROU 150G+MAMALIGA 230G;<br>4.NAPOLITANE 1 BUC;   | PILAF SARBESC 250G+PULPA INFERIOARA PUI 1 BUC;   |
| 25    | COLECISTECTOMIE   | 3        | CEAI, BRANZA 150G; PAINE MIC DEJUN, PRANZ, CINA 100G/150G/100G;                                                                | 1.CIORBA DE LEGUME 300G;<br>2.SOTE FASOLE VERDE 250G+PULPA INFERIOARA PUI 1 BUC;           | PILAF CU LEGUME 250G+PULPA INFERIOARA PUI 1 BUC; |

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